



# THE BEACON

A NEWSLETTER FOR CARMELITE SYSTEM EMPLOYEES

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Learn more about our guiding principles in the Mission Corner.



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# HOPE SPRINGS ETERNAL. NEW YEAR, NEW BEGINNINGS.



**A message from Trish Gathers: CEO, The Carmelite System**

As we embark on another quarter, I want to take a moment to reflect on the profound message of hope that has been declared by the Vatican as the Jubilee Year of

Hope. Pope Francis has emphasized the importance of hope, especially in times of uncertainty and challenge. He invites us to recognize that hope is not merely a feeling, but a powerful force that can transform our lives and the lives of those around us.

In a world that often feels overwhelming, it is vital for us to remember our role as a beacon of hope in our communities. The challenges we face can lead to feelings of despair, but our ministry stands as a testament to the light that can emerge from darkness. Each of you, through your daily acts of kindness, compassion, and dedication, embodies this hope. Your smiles and willingness to listen and support others create

ripples of positivity that uplift not just those we serve, but also one another.

The story of the Good Samaritan reminds us of our calling to extend our hands and hearts to those in need. It teaches us the importance of not only tending to immediate needs but also returning to offer continued support and hospitality. This is the essence of our mission in Catholic healthcare. We are here to ensure that every person—every resident, family member, and colleague—feels valued and cared for.

As we move forward into a season of renewal and growth, let us embrace the promise of spring. Just as the earth awakens and brings forth new life, we too can cultivate hope within ourselves and our communities. With each act of kindness, we reinforce not only the dignity of those we serve but also our own. It is in these moments that we truly understand the impact of our work—transforming what may seem like a job into a meaningful opportunity to be a positive force in the lives of others.

I want to extend my heartfelt gratitude to each of you for your unwavering commitment and resilience. Together, we can continue to be the light in someone's life, especially when they need it the most. Let us raise each other up, support one another, and remember that hope springs eternal within us and in our ministry.

Thank you for being a source of hope and inspiration.





## Carmelite has teamed up with BPAS to help you on your journey towards retirement.



BPAS is a national provider of retirement plans, benefit plans, fund administration, and institutional trust services, making retirement and benefit plans easier and more effective with less work for everyone. Since 1973, we've focused on simplifying the process, and we proudly service both 401(a) and 403(b) plans for Carmelite employees. Whether you're just starting or looking to grow your savings, BPAS offers the tools, resources, and support to guide you every step of the way.

By partnering with BPAS, Carmelite is taking a proactive approach to supporting your financial well-being. Whether you're just getting started, looking to grow your retirement savings, or nearing retirement, BPAS offers the tools, resources, and support to guide you every step of the way. BPAS understands the importance of planning for your future and offers a comprehensive solution to help you reach your retirement goals. Start today by making a commitment to invest in your dreams and set yourself and your family up for long-term financial success.

To learn more and get started, visit [u.bpas.com](https://u.bpas.com)

# Reflecting On Our Guiding Principles.

A message from  
Sr. Patricia Margaret Rawdon:  
Executive VP & Chief Mission Director.

**As part of the "Mission Corner" of The Beacon I would like to reflect on a different Guiding Principle in each Newsletter.**

"As a Catholic Ministry sponsored by the Carmelite Sisters for the Aged and Infirm, our Guiding Principles are based on the Ethical and Religious Directives for Catholic Health Care Services and the tenets of Catholic Social Teaching. Our 10 Guiding Principles are:

1. Mission, Values, Carmelite Charism and Heritage, and Catholic Teachings
2. Stewardship
3. System Organization, Structure and Authority
4. Servant Leadership Philosophy
5. Leadership Formation and Development
6. Services Delivery and Operations
7. Human Resources
8. Planning and Visioning
9. Values-Based Decision-Making
10. Community Outreach"

## GUIDING PRINCIPLE #1

### **Mission, Values, Carmelite Charism and Heritage, and Catholic Teachings.**

We maintain a Mission and Values-driven culture founded on the healing Ministry of Jesus and guided by our Carmelite Charism to bring Christ to everyone we serve. Based on our belief in the Sanctity of Life and the value and dignity of each person as a beloved child of God, we are committed to serving the aged and infirm with dignity, respect, and recognition of their individuality. Through a holistic and compassionate approach, we address the physical, psychosocial, and spiritual needs of those we serve. In keeping with the teachings of our Foundress, Venerable Mother Mary Angeline Teresa, we aspire to be "Kinder than kindness itself" in all that we do."

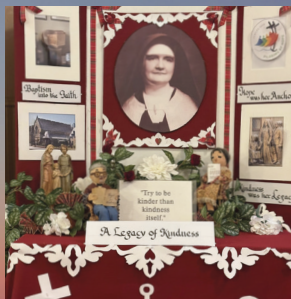
### **How do we live out this Principle as we carry on our Ministry in our Carmelite Homes?**

I cannot think of a better time to reflect on this Guiding Principle than now. We recently celebrated the 41st anniversary of Venerable Mary Angeline Teresa, who died on January 21st in 1984, her 91st birthday. The theme this year was "A Legacy of Kindness". Every Carmelite Home celebrates this day because we honor the Vision of the woman who started it all. Mother Angeline saw a need and sought to fill it, but it was never "just a job" to Mother. It was about being true to her religious calling and seeing Christ in those she served. This is our Mission – to see Christ in all those entrusted to our care.

When we celebrate Mother's Anniversary, we are sharing our Carmelite Charism and Heritage. Our celebrations always begin with a special Mass. The availability of a Chapel in each of our Homes where residents can attend Mass is a priority and a reflection of our Catholic identity.

It's so nice to see the many ways our residents and staff were included in these celebrations. A special meal or a special event are beautiful ways of sharing our heritage. This is how we reflect our Values and Guiding Principles. Your commitment to treating the residents with dignity and respect reflects your commitment to our Mission and Ministry. Thank you for all you do to continue Mother Angeline's Legacy of Kindness.

Just a few pictures from our homes this January as they celebrated our founder, the Venerable Mary Angeline Teresa McCrory, O.Carm.



# Anniversary shout outs for Q1

We appreciate your hard work and dedication to our teams. Scan the QR code to find your name!  
Anniversaries between Jan 1 and March 31

## 1-4 yrs

Carmel Manor	20
Carmel Terrace	5
D'Youville Life and Wellness Community	36
Kahl Home for the Aged and Infirm	21
Lourdes Noreen McKeen Residence	51
Marian Woods	1
Mother Angeline McCrory Manor	19
Ozanam Hall of Queens Nursing Home	12
Cabrini of Westchester	17
St. Patrick's Home	3
St. Patrick's Manor	29
St. Patrick's Residence	25
The Carmelite System	2
Villas at Saint Therese	4

## 5-9 yrs

Carmel Manor	2
Carmel Terrace	5
D'Youville Life and Wellness Community	19
Kahl Home for the Aged and Infirm	6
Lourdes Noreen McKeen Residence	12
Marian Woods	1
Mother Angeline McCrory Manor	7
Mount Carmel Care Center	3
Ozanam Hall of Queens Nursing Home	6
Cabrini of Westchester	27
St. Patrick's Manor	6
St. Patrick's Residence	3
The Carmelite System	8
Villas at Saint Therese	2

## 10-14 yrs

Carmel Manor	1
Carmel Terrace	3
D'Youville Life and Wellness Community	7
Kahl Home for the Aged and Infirm	2
Lourdes Noreen McKeen Residence	6
Marian Woods	3
Mother Angeline McCrory Manor	1
Ozanam Hall of Queens Nursing Home	7
Cabrini of Westchester	16
St. Patrick's Manor	3
St. Patrick's Residence	3

## 15-24 yrs

Carmel Manor	2
Carmel Terrace	2
D'Youville Life and Wellness Community	11
Kahl Home for the Aged and Infirm	2
Lourdes Noreen McKeen Residence	3
Marian Woods	1
Mother Angeline McCrory Manor	6
Mount Carmel Care Center	1
Ozanam Hall of Queens Nursing Home	14
Cabrini of Westchester	16
St. Patrick's Manor	6
St. Patrick's Residence	2

## 25-39 yrs

D'Youville Life and Wellness Community	5
Kahl Home for the Aged and Infirm	3
Lourdes Noreen McKeen Residence	2
Mother Angeline McCrory Manor	2
Mount Carmel Care Center	1
Ozanam Hall of Queens Nursing Home	10
Cabrini of Westchester	6
St. Patrick's Manor	6
St. Patrick's Residence	1

## 40-49 yrs

Kahl Home for the Aged and Infirm	1
Ozanam Hall of Queens Nursing Home	2
Cabrini of Westchester	1
St. Patrick's Manor	1



To find out more, simply scan the QR code or visit us at [CarmeliteSystem.org/Service](https://CarmeliteSystem.org/Service)